

**Amendments to the Claims:**

This listing of claims will replace all prior versions, and listings, of claims in this Application:

**Listing of Claims:**

1. (Canceled).
2. (Canceled).
3. (Canceled).
4. (New) A process for preparing cooked rice in package made of long grain which

comprises the steps of:

coating long grain with a solution of emulsified oil;  
filling the long grain automatically in a heat-resisting plastic container;  
repeating 4 to 10 times sterilization of the container filled with the long grain at 130° C-150° C for 4 to 8 seconds each time;  
cooking the long grain with a solution of emulsified oil as a liquid for cooking; and  
sealing and packaging the resultant cooked rice.